Service of Typika
Said in the absence of a priest,
as a substitute for the Divine Liturgy

Instructions

The leader of the Typika in the church is the deacon (in cassock and exorasson, unless the Reserved Sacrament will be distributed), or in his absence the subdeacon (in cassock), or in his absence a tonsured reader (in cassock), or in his absence a pious layperson appointed by the priest-in-charge. At home or anywhere outside of the church, the group of worshippers can appoint a leader if no cleric is present.

In the church, the doors and/or curtains of the iconostasis remain closed. If the leader is a deacon and the Reserved Sacrament will be distributed, all candles and hanging lamps are lit; but if the Reserved Sacrament will not be distributed, only those candles and hanging-lamps outside the sanctuary are lit. If desired, incense may be burned in a hand-censer, not the swinging censer.

In the church, if the leader is a deacon and if he has the blessing of the bishop to distribute the Reserved Sacrament during the Typika, he enters the sanctuary through the south door, makes three metanoias, kisses the southwest comer of the holy table, and vests in sticharion, orarion and cuffs. He then proceeds to the prothesis where he pours a sufficient amount of wine and water into the chalice, without saying anything. After moving the gospel book to the side of the holy table, he opens the antiminsion and places the chalice upon it. After making two prostrations or metanias, he opens the artophorion, carefully removes a sufficient quantity of the Reserved Sacrament, places the Sacrament into the chalice, carefully wipes his fingers with the sponge, covers the chalice with a kalima, and makes one metanoia or prostration. He then exits the sanctuary through the north door and begins the Typika.

In the church, the deacon or leader stands near the chanters stand, not in the center of the solea. Both inside and outside of church, the appointed sections of the epistle and gospel are read from a bible, not from a liturgical epistle or gospel book, and the congregation does not give the usual responses before or after these scriptural readings. The daily readings and hymns can be found at the **Online Liturgical Guide**.

Service of Typika without a Priest

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us, and save us.

People: Amen.
Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE)

- *But in Bright Season, we say:*

Christ is risen from the dead, trampling down Death by death; and upon those in the tombs bestowing life! (THRICE)

- *Then*:

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Thy Name's sake.
Lord, have mercy. (THRICE)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.
Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us, and save us.

People: Amen.

- *The following Psalms and hymns may be chanted or plainly read.*

<u>PSALM 102: CHANTED IN TONE EIGHT</u>

+ Bless the Lord, O my soul, and all that is within me bless His holy Name.
+ Bless the Lord, O my soul, and forget not all that He hath done for thee,
+ Who is gracious unto all thine iniquities, Who healeth all thine infirmities,
+ Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion,
+ Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's.
+ The Lord performeth deeds of mercy, and executeth judgment for all them that are wronged.
+ He hath made His ways known unto Moses, unto the sons of Israel the things that He hath willed.
+ Compassionate and merciful is the Lord, long-suffering and plenteous in mercy; not unto the end will He be angered, neither unto eternity will He be wroth.
+ Not according to our iniquities hath He dealt with us, neither according to our sins hath He rewarded us.

+ For according to the height of heaven from the earth, the Lord hath made His mercy to prevail over them that fear Him.
+ As far as the east is from the west, so far hath He removed our iniquities from us.
+ Like as a father hath compassion upon his sons, so hath the Lord had compassion upon them that fear Him; for He knoweth whereof we are made, He hath remembered that we are dust.
+ As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.
+ For when the wind is passed over it, then it shall be gone, and no longer will it know the place thereof.
+ But the mercy of the Lord is from eternity, even unto eternity, upon them that fear Him.
+ And His righteousness is upon sons of sons, upon them that keep His testament and remember His commandments to do them.
+ The Lord in heaven hath prepared His throne, and His kingdom ruleth over all.
+ Bless the Lord, all ye His angels, mighty in strength, that perform His word, to hear the voice of His words.
+ Bless the Lord, all ye His hosts, His ministers that do His will.
+ Bless the Lord, all ye His works, in every place of His dominion.
+ Bless the Lord, O my soul.

PSALM 145: CHANTED IN TONE TWO

+ *Glory to the Father, and to the Son, and to the Holy Spirit.*
+ Praise the Lord, O my soul. I will praise the Lord in my life, I will chant unto my God for as long as I have my being.
+ Trust ye not in princes, in the sons of men, in whom there is no salvation.
+ His spirit shall go forth, and he shall return unto his earth. In that day all his thoughts shall perish.
+ Blessed is he of whom the God of Jacob is his help, whose hope is in the Lord his God, Who hath made heaven and the earth, the sea and all that is therein,
+ Who keepeth truth unto eternity, Who executeth judgement for the wronged, Who giveth food unto the hungry.
+ The Lord looseth the fettered; the Lord maketh wise the blind; the Lord setteth aright the fallen;
+ The Lord loveth the righteous; the Lord preserveth the proselytes.
+ He shall adopt for His own the orphan and widow, and the way of sinners shall He destroy.
+ The Lord shall be king unto eternity; thy God, O Zion, unto generation and generation.

"O ONLY-BEGOTTEN SON": TONE TWO

Both now and ever, and unto ages of ages. Amen.

O Only-begotten Son and Word of God, Who art immortal and Who didst deign for our salvation to be incarnate of the holy Theotokos and ever-virgin Mary, and without change became man, and was crucified, O Christ our God, and didst trample death by Death, being yet one of the holy Trinity, glorified together with the Father and the Holy Spirit, save us.

THE BEATITUDES: CHANTED IN TONE EIGHT

+ In Thy kingdom, remember us, O Lord, when thou comest into Thy kingdom.
+ Blessed are the poor in spirit; for theirs is the kingdom of heaven.
+ Blessed are they that mourn; for they shall be comforted.
+ Blessed are the meek; for they shall inherit the earth.

+ Blessed are they that hunger and thirst after righteousness; for they shall be filled.
+ Blessed are the merciful; for they shall obtain mercy.
+ Blessed are the pure in heart; for they shall see God.
+ Blessed are the peacemakers; for they shall be called the children of God.
+ Blessed are they that are persecuted for righteousness' sake; for theirs is the kingdom of heaven.
+ Blessed are ye when men shall revile ye, and persecute ye, and say all manner of evil against ye falsely for My sake.
+ Rejoice and be glad, for great is your reward in heaven.
+ Glory to the Father, and to the Son, and to the Holy Spirit.
+ Both now and ever, and unto ages of ages. Amen.
+ Remember us, O Lord, when thou comest into Thy kingdom.
+ Remember us, O Master, when thou comest into Thy kingdom.
+ Remember us, O Holy One, when thou comest into Thy kingdom.

SCRIPTURAL READINGS

- *Both of the New Testament lessons are read (from the chanters stand in the church, or in front of icons outside the church) by the deacon, subdeacon, reader or ranking lay-person, without liturgical introduction or conclusion. He starts with "The Reading from…" and proceeds.*

THE EPISTLE

"The Reading from the Epistle of ..."

THE GOSPEL

"The Reading from the Holy Gospel according to St. ..."

TROPARIA BEFORE THE CREED (**Plain Reading**)

1st Reader: The heavenly choir singeth Thy praises, saying: Holy, holy, holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

2nd Reader: Come unto him, and be enlightened, and your faces shall not be ashamed. The heavenly choir singeth Thy praises, saying: Holy, holy, holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

1st Reader: *Glory to the Father, and to the Son, and to the Holy Spirit.*

2nd Reader: The choir of holy angels and archangels, with all the powers of heaven, singeth Thy praises, saying: Holy, holy, holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

1st Reader: *Both now and ever, and unto ages of ages. Amen.*

THE NICENE-CONSTANTINOPOLITAN CREED

People: I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord, Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all worlds: Light of Light, very God of very God, begotten not made, of one essence with the Father by Whom all things were made. Who for us men, and for our salvation, came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became

man. And was crucified also for us under Pontius Pilate, and suffered and was buried. And on the third day rose again according to the Scriptures. And ascended into heaven, and sitteth at the right hand of the Father. And He shall come again, with glory, to judge the living and the dead, Whose kingdom shall have no end. And I believe in the Holy Spirit, the Lord, the Giver of life, Who procedeth from the Father, Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets. And I believe in One, Holy, Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the resurrection of the dead, and the life of the world to come. Amen.

People: Forgive, remit, pardon, O God, our sins, both voluntary and involuntary, in deed and in word, in knowledge or in ignorance, committed by night or by day, in mind and in thought. Forgive us them all, for thou art good and lovest mankind.

THE LORD'S PRAYER

People: Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us, and save us.

People: Amen.

- *Here we say or sing the kontakion of the season.*

People: Lord, have mercy. (40 TIMES)

Leader: O Christ our God, Who art worshipped and glorified at all times at every hour both in heaven and on earth; Who art long-suffering and plenteous in mercy and compassion; Who lovest the just man and showest mercy upon the sinner; and Who callest all men to repentance through the promise of blessings to come; receive, O Lord, at this very hour our supplications, and direct our lives in the way of Thy commandments: sanctify our souls, purify our bodies, set our minds aright, cleanse our thoughts; deliver us from all affliction, trouble, and distress; compass us about with Thy holy angels, that, guided and guarded by them, we may attain unto the unity of the Faith, and to the knowledge of Thine unapproachable glory; for Thou art blessed unto ages of ages. Amen.

People: Lord, have mercy. (THRICE)
Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

People: More honorable than the cherubim and more glorious beyond compare than the seraphim, thou who without corruption bearest God the Word and art truly Theotokos: We magnify thee.

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us, and save us.

People: Amen.

- *NOTE: If the Reserved Sacrament will be distributed, the deacon now enters the sanctuary, pours a sufficient quantity of hot water into the chalice. Then he and all prepared communicants say the usual three pre-communion prayers. If there will be no Reserved Sacrament, skip ahead to "Blessed be the Name of the Lord."*

THE PRAYERS BEFORE COMMUNION

People: I believe, O Lord, and I confess that Thou art truly the Christ, the Son of the living God, Who didst come into the world to save sinners, of whom I am chief. And I believe that this is truly Thine own Immaculate Body, and that this is truly Thine own Precious Blood. Wherefore I pray Thee, have mercy upon me and forgive my transgressions both voluntary and involuntary, of word and of deed, of knowledge and of ignorance; and make me worthy to partake without condemnation of Thine Immaculate Mysteries, unto remission of my sins and unto life everlasting. Amen.

Of Thy Mystic Supper, O Son of God, accept me today as a communicant: for I will not speak of Thy Mystery to Thine enemies, neither will I give Thee a kiss as did Judas; but like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom.

Not unto judgment, nor unto condemnation, be my partaking of Thy Holy Mysteries, O Lord, but unto the healing of soul and body.

- *If Communion will be served, sing the Koinonikon (Communion Hymn) of the day.*

- *Then, standing at the holy table, the deacon communes himself from the chalice using the spoon, covers the chalice with the kalima, opens the curtain and holy doors, takes up the chalice and spoon and, facing the congregation, says:*

Deacon: With fear of God and faith and love, draw near.

People: Blessed is he that cometh in the name of the Lord. God is the Lord and hath appeared unto us.

- *As the faithful are communed by the deacon, the choir continues to sing any appropriate communion hymns, like the following.*

People: Of Thy Mystic Supper, O Son of God, accept me today as a communicant: for I will not speak of Thy Mystery to Thine enemies, neither will I give Thee a kiss as did Judas; but like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom.

- *NOTE: When all have been communed, the deacon, saying nothing, takes the chalice to the Prothesis, and closes the curtain and holy doors. While "The Prayers of Thanksgiving after Holy Communion" are read, the deacon carefully consumes the remaining holy gifts, properly cleanses the chalice and spoon, tidies the Prothesis, consumes any particles on the antiminsion, folds the antiminsion and places the gospel book upon it, removes his vestments and then, vested in his cassock and exorasson, exits the sanctuary through the north door.*

<u>THE PRAYERS OF THANKSGIVING AFTER HOLY COMMUNION</u>

1. A Prayer (Anonymous)

Glory to Thee, O God. Glory to Thee, O God. Glory to Thee, O God.

I thank Thee, O Lord my God, that Thou hast not rejected me, a sinner, but hast deemed me worthy to become a partaker of Thy Holy Things. I thank Thee that Thou hast permitted me, though unworthy, to receive Thine immaculate and heavenly Gifts. But, O Master Who lovest mankind, Who for our sake didst die and didst rise again, and hast bestowed upon us these terrible and Life-giving Mysteries for the benefit and sanctification of our souls and bodies; grant that they may effect for me also the healing of my soul and body, the averting of every evil adversary, the enlightenment of the eyes of my heart, the peace of my spiritual powers, a faith unashamed, a love unfeigned, the fulfilling of wisdom, the obedience of Thy commandments, for growth in Thy Divine Grace and the attainment of Thy kingdom, that by them preserved in Thy holiness I may ever remember Thy grace, and live henceforth not unto myself, but unto Thee, our Master and Benefactor. And so, this life ended in the hope of life everlasting, I may come unto that rest eternal, where the voice of those who keep festival is unceasing, and where endless is the delight of those who behold the ineffable beauty of Thy countenance. For Thou art the true desire and the unspeakable happiness of those who love Thee, O Christ our God, and all creation shall praise Thee unto ages of ages. Amen.

2. A Prayer of St. Basil the Great

O Lord, Christ our God, King of the Ages, and Creator of all: I thank Thee for all the good things which Thou hast bestowed upon me, and for this Communion of Thine immaculate and Life-giving Mysteries. Therefore I entreat Thee, O Good One Who lovest mankind: keep me in Thy tabernacle and under the shadow of Thy wings. Grant that with a pure conscience, even unto my last breath, I may worthily partake of Thy Holy Things, unto the remission of my sins and unto life eternal. For Thou art the Bread of Life, the Fountain of all holiness, the Giver of good things, and unto thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

3. A Prayer of St. Simeon the Translator

O Thou Who of Thine own good will dost give me Thy Body as my food, Thou Who art a Fire consuming the unworthy, consume me not, O my Creator. But rather enter into my members, into my whole being, all my joints, my reins, and my heart. Consume Thou the thorns of all mine iniquities. Cleanse my soul. Sanctify my mind. Make firm my knees and likewise my bones. Enlighten my five senses. Establish me wholly in fear of Thee. Ever cover me, guard me and keep me from every word and deed which mars the soul. Purify me and wash me clean, and bring me into concord. Adorn me, give me understanding and enlighten me. Show me as the abode of Thy Spirit only, and in nowise as the abode of sin. That being made Thy Tabernacle through the reception of Thy Holy Communion, all evil and all passion may flee away from me as from fire. I offer unto Thee as my intercessors all the Saints, the Chieftains of the Bodiless Powers, Thy Forerunner, the wise Apostles, and joined with them Thy Mother pure and immaculate, whose prayers do Thou accept in Thy tender loving-kindness, O my Christ. And make me Thy servant to be a child of the Light. For Thou alone art the sanctification and illumination of our souls, O Good One, and unto Thee, as God and Master, we ascribe each day the glory which is Thy just due. Amen.

4. Another Prayer (Anonymous)

May Thy holy Body, O Lord Jesus Christ our God, be unto me for life eternal, and Thy precious Blood unto remission of my sins. May this Eucharist be unto me for joy, health, and gladness. And at Thy dread Second Coming make me, a sinner, worthy to stand at the right hand of Thy glory, through the intercessions of Thine all immaculate Mother and of all Thy Saints. Amen.

5. A Prayer to the Blessed Theotokos (Anonymous)

O all-holy Lady Theotokos, light of my darkened soul, my hope, my shelter, my refuge, my consolation and my joy: I thank thee that thou hast permitted me, unworthy though I be, to be a partaker of the immaculate Body and precious Blood of thy Son. O thou who didst bring forth the true Light, give the light of understanding to the eyes of my heart. O thou who didst bear the Fountain of Immortality, quicken me who am dead in sin. O compassionate Mother of the merciful God, have mercy upon me, and grant me humility and contrition of heart, and humbleness of mind, and deliverance from bondage to evil thoughts. And permit me, even unto my last breath, to receive without condemnation the sanctification of these Holy Mysteries, unto the healing of both body and soul. Grant me tears of repentance and of confession, that I may hymn thee and glorify thee all the days of my life. For blessed and glorified art thou unto all the ages. Amen.

- *After the fifth Prayer of Thanksgiving, the Typika continues with all saying or chanting "Blessed be the name of the Lord" as indicated below.*

CONCLUDING PRAYERS

People: Blessed be the name of the Lord, henceforth and forevermore. (THRICE)

- *If Communion was not served, read Psalm 33. If it was served, skip to "Glory to the Father."*

PSALM 33

Reader: I will bless the Lord at all times; His praise shall continually be in my mouth. In the Lord shall my soul be praised; let the meek hear and be glad. O magnify the Lord with me, and let us exalt His Name together. I sought the Lord, and He heard me, and delivered me from all my tribulations. Come unto Him, and be enlightened, and your faces shall not be ashamed. This poor man cried, and the Lord heard him, and saved him out of all his tribulations. The angel of the Lord will encamp round about them that fear Him, and will deliver them. O taste and see that the Lord is good; blessed is the man that hopeth in Him. O fear the Lord, all ye His saints; for there is no want to them that fear Him. Rich men have turned poor and gone hungry; but they that seek the Lord shall not be deprived of any good thing. Come ye children, hearken unto me; I will teach you the fear of the Lord. What man is there that desireth life, who loveth to see good days? Keep thy tongue from evil, and thy lips from speaking guile. Turn away from evil, and do good; seek peace, and pursue it. The eyes of the Lord are upon the righteous, and His ears are opened unto their supplication. The face of the Lord is against them that do evil, utterly to destroy the remembrance of them from the earth. The righteous cried, and the Lord heard them, and He delivered them out of all their tribulations. The Lord is nigh unto them that are of a contrite heart, and He will save the humble of spirit. Many are the tribulations of the righteous, and the Lord shall deliver them out of them all. The Lord keepeth all their bones, not one of them shall be broken. The death of sinners is evil, and they that hate the righteous shall do wrong. The Lord will redeem the souls of His servants, and none of them will do wrong that hope in Him.

People: *Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

- *A homily on the scriptural lessons or saint of the day may be delivered here. In the church, the priest-in-charge must approve its content. Outside of church, a spiritual father could give guidance for picking a homily in print.*

- *Then, the faithful may say or sing the apolytikia (hymns) of the day.*

- *After the leader makes any necessary announcements, he concludes the Typika, saying:*

Leader: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us, and save us.

People: Amen.

- *OR, in Bright Season, he concludes in the following manner:*

Leader: Christ is risen from the dead, trampling down Death by death, and upon those in the tombs…

People: …bestowing life!

- *The congregation then reverences the icons on the iconostasis (or on icon-stands) and departs in peace, placing tithes and offerings in a collection basket provided for that purpose.*